

Name: _____

Class Time: _____



SPECTRUM GYMNASTICS

Summer Program 2016

(508) 584-6881

www.spectrum-gymnastics.com

Gymnastics provides the necessary flexibility, agility & strength for successful participation in all sports!

Welcome! Our gymnastics facility is a great place for kids. It is a specially designed gymnasium that contains 9,000 sq. ft. of the most innovative equipment including a large trampoline, in ground foam training pit & dance/art studio. An observation mezzanine for parent convenience is provided. Our air-conditioned facility makes hot summer days a breeze. *Spectrum staff has provided quality and progressive instruction since 1979.*

General Information

EASY TO FIND: Spectrum is located at 959 West Chestnut Street, Brockton, MA 02301 across from Copeland Toyota. We are located on the Brockton, West Bridgewater, and Easton line, at the intersection of Rte. 24 and Rte. 123.

REGISTRATION: Upon registering, a nonrefundable (\$20.00 individual/\$30.00 family) registration fee is due for new **students only**. You are welcome to bring your child and observe a class prior to registering.

FAMILY DISCOUNTS: A family with two or more children will receive a 15% discount on the second child and a 25% discount on the third child. **Registration and class fees are non-refundable.**

PAYMENT: Please refer to your chosen program option for payment information.

MEDICAL CARD/RELEASE OF CLAIMS: A medical information and release of claims form must be completed or updated upon registration.

MAKE UPS: Classes are paid for in full whether students attend or not. Make up times for summer classes are provided by appointment only. Please contact the main desk for the availability of makeup times. Missed classes from the fall, winter and spring sessions cannot be made up during the summer session. Missed classes from the summer session cannot be made up during the fall, winter, or spring sessions.

RETURNED CHECKS: There will be a \$15.00 charge for all checks returned to us. This payment will be due with a new check/cash prior to your child's next class.

IMPORTANT NOTE: Our school reserves the right to cancel, combine, or reschedule classes due to low enrollment.



SUMMER CLASSES

Spectrum offers both 1 and 2-hour gymnastics classes to children of all ages and ability levels.

OPTION 1 (June 27th - JULY 23rd) &/OR **OPTION 2** (JULY 25th - AUGUST 20th)

Classes meet twice a week for 4/8 weeks

OR

OPTION 3 (June 27th - August 20th)

Classes meet once a week for one 8-week session

*Important Friday boys & all Saturday classes meet once a week only!

FOR A LIST OF AVAILABLE CLASS TIMES, PLEASE CONTACT THE MAIN OFFICE.

<u>CLASS</u>	<u>AGES</u>	<u># STUDENTS</u>	<u>4/8 WEEK TUITION</u>
<u>1 hr. Play Gym</u>	<u>(18Mo.-3 1/2)</u>	<u>12</u>	<u>\$124.00</u>
<i>Play with a purpose!</i> This program is designed to introduce young children to the sport of gymnastics with the <u>assistance of an adult</u> . Your child will develop overall body coordination, balance, strength, flexibility, and poise.			
<u>Pre-School -1 hr.....</u>	<u>(3 ½ - 4) (5-6)</u>	<u>6</u>	<u>\$176.00</u>
Exploration of movement & development of basic gymnastics skills, trampoline/pit fun, and rotations on the Olympic events.			
<u>Grade School -1 hr.</u>	<u>(7-8) (8-10) 11+</u>	<u>8</u>	<u>\$160.00</u>
Aerobic warm ups, trampoline/pit fun, multi-station lesson plans and rotations on the Olympic events.			
<u>Grade School Small Group -1 hr.</u>	<u>(7-8) (8-10) (11+)</u>	<u>6</u>	<u>\$176.00</u>
Aerobic warm ups, trampoline/pit fun, multi-station lesson plans and rotations on the Olympic events.			
<u>Two Hour hr. Classes</u>	<u>(5-7) (8-10) (11+)</u>	<u>8</u>	<u>\$256.00</u>
Aerobic warm ups, multi-station lesson plans, gymnastics dance, with extended rotations on the Olympic events and trampoline.			
<u>Cheerleading -1 hr.</u>	<u>(8-12) (13 +)</u>	<u>8</u>	<u>\$160.00</u>
Focuses on improving cheerleading techniques for tumbling, jumps, and presentation skills. Trampoline and foam training pit will be utilized to enhance these skills.			

PRIVATE CLASSES

Intense instruction for a more progressive advancement of specific skills.

<u>1/2 HR. Private</u> ...	Ages 5 & UP...1	Student...\$32.50....	\$130.00 Per 4 wk. min. payment
<u>1 HR Private</u>	Ages 5 & UP....1	Student... \$65.00....	\$260.00 Per 4 wk. min. payment

Summer Class Payment Information

A registration fee, *new students only*, plus full payment for chosen options is due upon registration. A family with two or more children will receive a 15% discount on the second child and a 25% discount on the third child. **Registration and class fees are non-refundable.**

Half Day Program

Our half-day program is offered Monday-Thursday for two weeks. You may select either of the weeks available or both.

(AUGUST 1st - 5th) &/OR (AUGUST 8th - 12th)

Half-Day Program: Mon - Thursday (9:00-12:00)

PRE-SCHOOL GYMNASTICS/ART - AGES 4-6

This exciting program offers an enriching learning experience for your child. It provides the opportunity for both physical and social development. Children will be divided by age and experience. Instruction will be offered in:

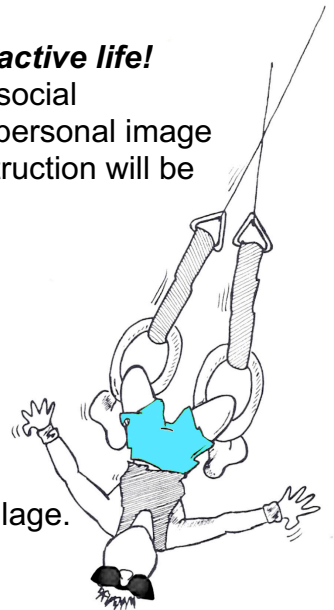
- Gymnastics, Olympic events for boys and girls
- Musical games, parachute, trampoline/pit and obstacle courses
- Gross motor developmental activities through organized sport skills involving hitting, kicking, throwing, catching, rolling, shooting baskets, and running
- Art education, developing visual and fine motor skills by exploring color, lines, shapes, cutting, collage, clay, tie-dye, and mixed media.

GRADE SCHOOL AGES 7-12

“GYMNASTICS FIT FOR LIFE PROGRAM” *For a healthy and active life!*

This new program provides an excellent opportunity for both physical and social development. Boys and girls will develop a positive attitude towards their personal image and physical fitness. Students will be divided by age and experience. Instruction will be offered in:

- Gymnastics, Olympic events for boys and girls
- Flexibility and strength conditioning
- Agility and endurance-plyometrics
- Coordination through gross and fine motor skill development
- Trampoline/pit technique
- Basic motor development skills geared toward successful participation in all sports.
- Art education including: drawing, mixed media tie-dye and collage.
- Nutrition – creation of a healthy snacks booklet
- Gymnastics dance & Rhythmic gymnastics for balance and poise (girls only)



Half Day Payment Information **(Monday - Thursday = \$120.00/ wk.)**

A registration fee, ***new students only***, is due along with 50% of the tuition of the half-day program. Your balance is due prior to the first day of each half-day weekly session. A student participating in both weekly sessions will receive a 10% discount off both weeks. In order to receive this discount, full payment must be received prior to the first day of the first weekly session.

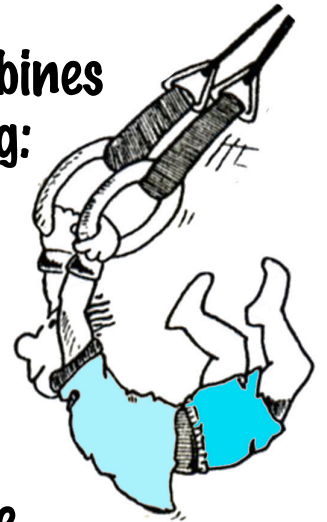
WHAT TO BRING (OPT. II ONLY): A smock or old shirt for art lessons. All half-day students should bring a **nutritious snack/drink**. Spring water is for sale at Spectrum. We provide a refrigerator for storage.

Birthdays!

"Come Party With Us"

**Our 2-hour action packed party package combines
1 ½ hours of gymnastics activities including:**

- **Organized age-appropriate games**
- **Obstacle courses**
- **Parachute**
- **Trampoline & foam pit fun.**
- **In the remaining ½ hour, children enjoy cake,
ice cream & gift opening in our private party area.**
- **A balloon bouquet & special gift will be given to the
birthday girl/boy!**



**U.S.A.G. SAFETY CERTIFIED PARTY INSTRUCTORS &
A PARTY HOST WILL ASSIST YOU.**

NON-MEMBER: \$225.00 MEMBER: \$200.00

**For more information & a list of dates /times,
contact the main office @**

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